

# OVERCOMER

## Overcoming ANGER

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**ANGER** – a strong feeling of displeasure or hostility.

***“In your anger do not sin”:***

**Do not let the sun go down while you are still angry,  
and do not give the devil a foothold.**

(Ephesians 4:26-27 NIV)

### The Road to Overcoming Anger

1. \_\_\_\_\_ the \_\_\_\_\_ of your anger.

(Proverbs 14:17, 29:22,29)

I always \_\_\_\_\_ when I \_\_\_\_\_ my \_\_\_\_\_ !

2. \_\_\_\_\_ your anger.

(Proverbs 12:16, 15:18, 16:32, 19:11)

3. \_\_\_\_\_ before \_\_\_\_\_.

(Proverbs 15:1, 17:27-28, 29:11 ; James 1:19-20)

4. \_\_\_\_\_ help from the LORD: \_\_\_\_\_.

(Psalms 19:14, 141:3; Luke 6:45)

5. \_\_\_\_\_ yourself of anger.

(Ephesians 4:31, Colossians 3:8)

6. \_\_\_\_\_ from anger.

(Psalm 37:8, NIV)

7. \_\_\_\_\_ on the \_\_\_\_\_.

(Galatians 5:22-23, Philippians 4:5)